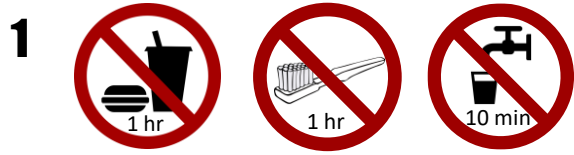


# Saliva Collection Instructions

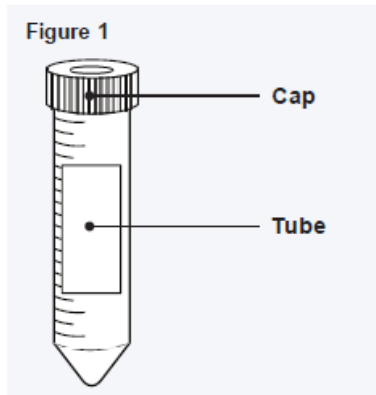


Do not brush your teeth, eat, or drink **at least 1 hour** before providing the sample. Drinking water is permitted, but not within 10 minutes of collection.

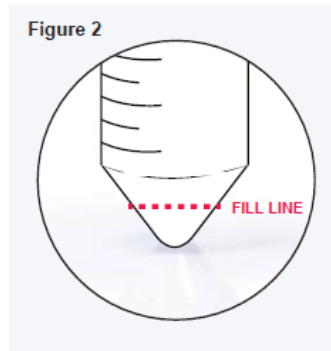


Wash your hands.

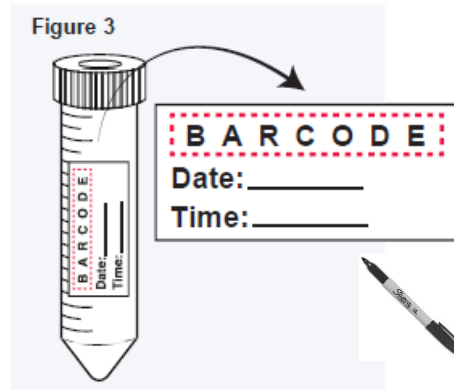
**3** Unscrew the cap of the provided collection tube (Fig. 1) and place in on a clean surface.



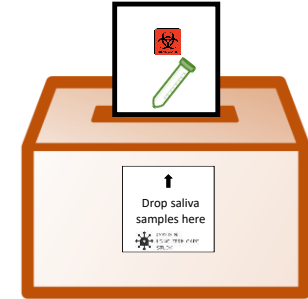
**4** Deposit (drool) approximately 1mL of saliva (Fig. 2) into the open tube (less than a teaspoon). **Replace cap tightly.**




**5** Place your unique barcode label onto the side of the tube with your saliva (Fig. 3), and write on the date and time on the tube with **a permanent marker.** (A pen is included in your starter kit)



**6** Place the tube in a bio hazard bag and drop it in the saliva sample collection bin.



Wash your hands.

**8**  Repeat this process up to 1-2 times a week, or whenever you visit.

Check your supply of tubes and labels regularly. When you are low of stock, please contact the research coordinator to get more.

If you have any questions or require immediate assistance, please contact the site coordinator.